

# CAUVERY COLLEGE OF PHYSIOTHERAPY



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Moving you to

**Better Health** 

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## Dr. Chandrashekar G.R

MBBS,MS(General Surgeon) Founder & Chairman Cauvery Group of Institutions Cauvery Heart & Multi-Speciality Hospital Medcure Diagnostics & Polyclinic, Mysuru Senate & Syndicate Member of RGUHS, Bengaluru

## Dr. Sarala Chandrashekar

MBBS,MD (Gyn) Managing Director Cauvery Group of Institutions Cauvery Heart & Multi-Speciality Hospital, Medcure Diagnostics & Polyclinic, Mysuru

## Vision

To prepare excellent healthcare providers and leaders to transform the lives of persons and communities through Innovative Education & Health Care.

#### Mission

Dedicated exclusively to educate students for the diverse opportunities offered by careers in Nursing and other Healthcare Profession.

### Values

- Unity and Integrity
- Academic Excellence
- Innovativeness
- Compassion

# About Us

## Cauvery Group of Institutions is unit of Dr. Chandrashekar Foundation was established in the year 2001

**Cauvery College of Nursing** under Cauvery Group of Institutions was established In the year 2003 **Cauvery Institute of Health Sciences** was established in 2011 & in 2019 **Cauvery College of Pharmacy** 

**Cauvery College of Physiotherapy** was established in the year 2017 with a yearly intake of 60 students and is affiliated to Rajiv Gandhi University of Health Sciences, Bangalore, and recognized by Government of Karnataka. Majority of clinical training facility to our students provided by parent hospital - **Cauvery Heart & Multi-speciality hospital**, with a state-of-the-art facility ranging from diagnostic, therapeutic & Preventive medicine facility. Additional exposure at Medcure Diagnostics & Polyclinic, Jayadeva institute of Cardiovascular Science & Research centre, PKTB Sanatorium Hospital, Mysore Medical College etc. Apart from imparting quality education and clinical training, we encourage our students to participate in paper presentations, sports, yoga and cultural activities to enrich their mind, body and soul. We often do community services to the mankind. This profession moulds an individual to be a skillful physiotherapist with an in-depth knowledge to assess, diagnose, and treat, to maintain health for all ages.

The course will provide students with a variety of innovative learning experiences that reflects current and emerging practices in physiotherapy education. The course will provide students with the skills to acquire, interpret, and apply the best available evidence in the provision of physiotherapy services.

• Affiliated to Rajiv Gandhi University of Health sciences Bangalore, Karnataka



# What is physiotherapy?

Physiotherapists provide services that develop, maintain and restore people's maximum movement and functional ability. They can help people at any stage of life, when movement and function are threatened by ageing, injury, diseases, disorders, conditions or environmental factors. Physiotherapists help people maximize their quality of life, looking at physical, psychological, emotional and social well being. The work in the health spheres of promotion, prevention, treatment/intervention, and rehabilitation.

Physiotherapists are qualified and Professionally required to:

- Undertake a comprehensive examination/assessment of the patient/client or needs of a client group
- Evaluate the findings from the examination/assessment to make clinical judgments regarding patients/clients
- Formulate a diagnosis, prognosis and plan
- Provide consultation within their expertise and determine when patients/clients need to be referred to another healthcare professional
- Implement a Physiotherapist intervention/ treatment program
- Determine the outcomes of any interventions/ treatments Make recommendations for self-management



# **Eligibility Criteria**

- **Eligibility:** 10 + 2 Examination/ State Board / Central Board -Physics, Chemistry, Biology & English (General category not less than 40% for SC/ST/Category-1not less than 35%)
- For admission candidates must have completed 17 years of age at the time of admission

# **BPT Course Curriculum**

• **Course Duration**: 4 years & 6 months, Six months of internship is mandatory for the completion of course. Internship will be on rotational posting basis.

# **Career Opportunities**

Government hospitals | Independent Physiotherapy Clinic | Abroad Opportunity to UK, USA, Australia, etc | Educator in Educational Institutes | Speciality private Clinics: Pain, Geriatric, Paediatric, Manipulation, OBG, Neuro etc. | Corporate Hospitals | Special Schools | Nursing & Residential homes | Research Scholar | Industrial Health Sector | Sports Sector

# I – Year

- Anatomy
- Physiology
- Biochemistry
- Biomechanics
- Psychology & Sociology
- English\*
- Kannada\*
- Basic Nursing\*
- Orientation to Physiotherapy\*
- Integrated Seminars/PBL sessions\*

# III – Year

- General Medicine
- General Surgery
- Orthopedics & Traumatology
- Musculoskeletal & Sports
   Physiotherapy
- Cardio-Respiratory & General Physiotherapy
- Supervised Rotatory Clinical Training
- Allied Therapies\*

# II – Year

- Pathology
- Microbiology
- Pharmacology
- Exercise Therapy
- Electrotherapy
- Ethics & Admin\*
- First Aid & CPR\*
- Constitution of India\*
- Introduction to Treatment\*
- Clinical Observation Posting\*

# IV - Year

- Neurology & Neurosurgery
- Community Medicine
- Neuro-Physiotherapy
- Community Physiotherapy
- Research Methodology & Biostatistics
- Supervised Rotatory Clinical Training
- Evidence Based Physiotherapy
  Practice\*
- Project\*



# Facility



#### Campus

- Four Acre "Go-Green" Campus with 1500 plus Students.
- Qualified and well experienced Teaching Faculty.
- Excellent placement opportunities at Global level.
- Auditorium with seating capacity of 1200 Plus.
   Encouragement for Sports and Co-Curricular activities.



#### Library & Digital Library

The vast library houses a diverse collection of books in addition to regular text books and reference books. There are over 7000 books and subscriptions published by leading national and international publishing houses.



#### Sports

The sports club has teams of cricket, kabbadi, volley ball, basket ball & all athletics. We conduct intracollegiate & inter collegiate sports meets for both indoor & outdoor sports every year.



Availability of safe, secure & fully - furnished hostel facility



The classrooms are large and equipped with the latest audio-visual equipment and LCD projectors. All classrooms have internet access over Wi-Fi.



Transport & Parking Well maintained transportation facility & ample parking for two wheeler & four wheeler

# **Our Faculty**



**Cauvery College of Physiotherapy** plays a vital role in selecting the right faculty and powerful directors. Each faculty member at Cauvery College of Physiotherapy brings in abundant experience in Academics and Clinicals. More importantly, the faculty at Cauvery Group of Institutions are spirited and ever ready in its Endeavor to impact, change and develop the minds of the students. Great emphasis is given to practical training with regular assessments in clinical settings. Faculty are always ready to help students and additional classes are conducted in regular intervals. Classes by visiting faculty (Expert Physiotherapists) are periodically arranged for the benefit of students.

All types of events like CME, cultural meets, intercollegiate competitions, Sports meets, yearly field trips are well organized in various states which improve the technical and cultural competition in students.

# **About Parent Hospital** Cauvery Heart & Multi-Specialty Hospital :

## NABH Accreditation

# DNB recognized

is the result of a vision of "Ensuring quality, costeffective healthcare for one and all in the communities we serve." It is a 200-beds, Multi & Super Specialty, tertiary care hospital - right in the heart of the city. It is a comprehensive healthcare facility that is dedicated to the people of the city and nearby districts. We work with a single minded motto of "Caring for life". In fact, our entire organization is built around this. Right from the moment a patient comes in seeking attention to the time he or she moves out with a smile, we bring a refreshing difference at every point. But making the smile happen is a committed and competent team of doctors, super specialists and support staff across a wide range of medical domains. In short, you have the assurance of best medical care very near you, on 24x7 basis.

The hospital provides specialty medical services in Cardiology/Cardiothoracic Surgery, Brain & Spine care, Orthopedics & trauma, Women and Child Care, Gl/Laparoscopy Surgery, Urology & Nephrology, Paediatric, Internal Medicine, Critical care Medicine, General surgery, Dermatology, ENT, Ophthalmology, Dental & Maxillofacial Surgery, Reconstructive Surgery etc.



- 200 Bedded Tertiary Care Referral Hospital
- 40 Bedded Level 3 ICU Care
- 4 Modular OT
- Digital FlatPanel Cathlab
- Blood Bank with Components
- 24x7 Complete Radiology & Laboratory Service
- 24x7 Emergency Casualty Care

# **Clinical Exposure** Medcure Diagnostics and Polyclinic

In 2019, Medcure Diagnostics and Polyclinic, Mysuru was started with expertise in field of investigation and diagnosis.

## **Major Hospitals**

Various other hospitals & Government Institutes like Jayadeva Institute of Cardiovascular Sciences & Research Centre at Mysuru, PKTB Sanatorium Hospital, K.R. Hospital, Cheluvamba Hospital at Mysuru, Dharwad Institute of Mental Health And Neuro Sciences at Dharwad.





